



Confluence 2011

~Coming together in the new school year~

7th & 8th grade: DEPART Wednesday, Sept. 7
6th grade: DEPART Thursday, Sept. 8

-All REALMS students RETURN together on Friday, Sept. 9 at 3:00pm -

Welcome to our first fieldwork trip of the school year! This first trip is focused on getting to know the REALMS community, building relationships, and becoming familiar with the Expeditionary Learning Outward Bound design principles that guide our teaching and learning. We will continue to build and rely upon the relationships and foundations set this first week of school. On this trip, there will be opportunities to play together, work together, problem solve together, and sort and welcome our new crew members. We are thrilled that you are willing to experience this trip with us and share in the adventure.

The REALMS staff team will lead this trip and will be looking for a volunteer parent crew to assist in the kitchen, as well as with our daily curriculum. (Look for an email coming soon...)

If you have any questions, concerns, or comments about our upcoming trip, call or email Amy Anderson (aanderson@realmschool.org) or 541-322-5323.

TRIP DESTINATION:

REALMS will be renting the Suttle Lake United Methodist Camp
29551 SW Suttle Lake Rd.
Sisters, OR 97759

TRANSPORTATION

- 7th & 8th grade students & staff will take 2 buses to Suttle Lake on Wed. Sept. 7
- Our dedicated volunteer Parent Crew will carpool to Suttle Lake
- 6th Grade Students & Staff will take 1 bus to Suttle Lake on Thurs., Sept. 8
- 3 buses will bring group back to REALMS on Friday, September 9
- **3pm Pick-Up at REALMS**

FOOD

- Students need to bring a sack lunch for the first day of the trip
- The remainder of the meals will be provided by REALMS
- REALMS will provide snacks each day in between meals. No junk food is available, and we that ask the students DO NOT bring snacks. We will provide healthy snack options each day

- A dedicated volunteer parent crew will prepare the meals. Students and staff will help clean-up individual tables and do dishes with industrial dishwashing machine under parent supervision.
- Each meal will be served "family-style" in Pioneer Lodge

CABINS/SLEEPING

- 6th & 7th grade students sleep in cabins whole trip
- 8th grade students sleep 1 night in cabin & camp outside one night
- Cabins will be supervised by teachers & parents (as needed)
- Staff will sleep outside between cabins
- Cabin groups will be determined by REALMS' teachers and formed from the same gender students in their crew groups (example, *Ursa* girls in one cabin and *Draco* girls in one cabin)
- Bring a sleeping bag, sheet to cover mattress, & pillow (optional)
- Students can only be in their cabin during designated "cabin time"; this will be to change their clothes after rotations or to get ready for bed
- Students are not allowed in anyone else's cabin EVER (no exceptions)
- If students are not changing, they need to keep the doors of their cabins open

MEDICATION UPDATE FORM (on pg. 3; please fill out and turn into the REALMS office)

- Medication update form required from every student prior to the trip.

LEARNING TARGETS (Clear statements of intended learning) **for Students**

- I can become acquainted with my REALMS crew and share parts of myself. This means I can name everyone in my crew and can share something about each person, and will share about myself.
- I understand the purpose of fieldwork at REALMS. This means I can see how this fieldwork experience will help me back in the classroom and I will use this experience in the classroom environment. Specifically this fieldwork will help me work with and build trust with my peers and accept and respect our differences.
- I understand the Expeditionary Learning Outward Bound design principle of solitude and reflection. This means that I will spend time alone and in a group thinking and writing about what I have experienced and begin to form new perspectives for myself.
- I demonstrate a high level of Expedition Behavior by being respectful, responsible, and safe. This means I am kind to others, the environment, and myself. I leave no trace and minimize my impact on our campsite. I listen and follow directions the first time. I am prepared for every activity and I will remain open to new experiences on this trip.

MEDICATION UPDATE FORM

-Medication update form required from every student prior to the trip

PLEASE MAIL/FAX/BRING TO 10-YEAR CELEBRATION (SAT. AUGUST 27)

Do you take medication?

REALMS staff will administer any over the counter medication or prescription medication your child will need on the trip. (Please fill in the table below)

_____ **(Name of your child)** _____ **(grade)**

- No.
- Yes, I have sent in enough pills for the trip. The pills need to be in the original prescription bottle, in your child's name with the correct dosage instructions. Any changes must be accompanied by a physician's note and signature.
- Please have the medication to us here in the office NO LATER than **TUESDAY, SEPTEMBER 6, 2011**

_____ takes the following medications:
(Name of your child)

Name of Medication	Dosage in mg AND # of tabs	Time of Day administered	Other Information

Please sign/date and return NO LATER than TUESDAY, SEPTEMBER 6, 2011

PARENT/GUARDIAN SIGNATURE

DATE

STUDENT SIGNATURE

DATE